



HG NATURKLINIK MICHELRIETH

Holistic Natural Healing Therapies for the Body, Soul and Mind



ur Concept

Rest is Healing – Healing via the Nervous System

The treatment concept at HG Naturklinik Michelrieth is a long-standing synthesis of tried and true naturopathy and conventional medicine procedures in diagnostics and therapy. It is based on holistic healing encompassing body, soul and mind.

The therapeutic goal is the activation of the body's self-healing powers through the application of three main principles of treatment: relaxation of the nervous system, detoxification, and a rebuilding process which encompasses all mental and physical aspects.

We offer our experience in prevention and therapy to treat the following diseases and conditions:

- Cardiovascular disease
- Diabetes and other metabolic diseases
- Respiratory and skin diseases, allergies
- Musculoskeletal system diseases
- Chronic and acute pain
- Tumors
- Exhaustion and burnout

Diagnostics

Holistic Medical Check-up

A holistic medical check-up makes it possible to assess your current state of health. This may help to prevent a possible disease or to positively change its course. Tips and suggestions for a healthy lifestyle complete our therapy concept and assist you in gaining health, power and a new perspective for life.

Classical Examination Methods (abridged)

- Ultrasound examination of internal organs
- Echocardiography (heart ultrasound)
- Stress/exercise echocardiography (also using a contrast medium), examination of coronary vessels
- Vascular ultrasound (using Doppler and color Doppler)
- ECG, stress ECG, 24 hour ECG
- Blood pressure control, 24 hour blood pressure monitoring
- Lung function test
- Extensive laboratory diagnostics, including orthomolecular analyses (for minerals, trace elements, vitamins, and amino acids), tests for heavy metals and hormone profiling
- Allergy tests
- Cardiovascular/diabetes/metabolims checks



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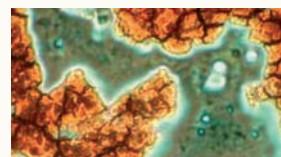
THERAPEUTISCHE PROFILE

DCMS-Profil "Stoffwechsel"

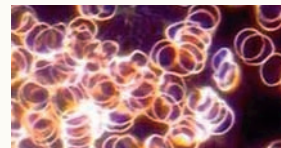
Blutserum	Wert	Einheit	Norm	Mangel	Norm	Überschuss
Alanin	216	µmol/l	265 - 508			
Arginin	74	µmol/l	30 - 140			
Cystein	76	µmol/l	33 - 82			
Glutamin	354	µmol/l	470 - 758			
Glutaminsäure	81	µmol/l	28 - 92			
Isoleucin	49	µmol/l	35 - 100			
Leucin	107	µmol/l	70 - 186			
Lysin	173	µmol/l	82 - 260			
Methionin	26	µmol/l	6 - 40			
Taurin	129	µmol/l	57 - 228			
Tryptophan	51	µmol/l	34 - 90			
Valin	129	µmol/l	120 - 230			
Serum						
Camitin	0,9	mg/dl	0,5 - 1,6			
Serum						
Kupfer	107,5	µg/dl	70,0 - 140,0			
Magnesium	0,98	mmol/l	0,70 - 1,20			
Eisen	72,0	µg/dl	48,0 - 152,0			
Calcium	2,1	mmol/l	2,2 - 2,6			
Kalium	4,2	mmol/l	3,5 - 5,5			
Natrium	137,0	mmol/l	135,0 - 150,0			
Chrom	0,3	µg/l	0,2 - 0,5			

Supplementary Diagnostics from the sphere of empirical medicine:

- Blood Smear Test
- Darkfield Live Blood Analysis
- Tissue palpation
- Heart Rate Variability Test
- Electrosomatogram



Blood Smear Test



Darkfield Live Blood



Heart Rate Variability Test



Holistic Therapy

Initial Consultation – The Beginning for a Successful Treatment

Many symptoms, which can be grouped into one diagnostic category, can have widely differing causes. Through an open, trustful conversation between physician and patient, possible causes of a disease or condition are worked out. Here, important information is gathered on the patient's living and eating habits, work and personal life, as well as on when health problems first occurred, under what circumstances, and how they may have been treated.

Included in a holistic medical history is also an inquiry about a patient's emotional conflicts, traumas and mental stress and strain. The information acquired from this initial consultation along with a following physical examination in a harmonious, relaxed and friendly atmosphere, forms a reliable basis for determining a future medical strategy.

Medical Examination

Upon conclusion of the physical examination, all test results (including those brought along by the patient) are discussed in detail with the patient to determine further steps of treatment. An individual therapy plan is drawn up, which can also include life counseling to help patients gain new orientation for everyday life.

Our therapy concept does not end with medical treatments, but also encompasses stylishly furnished interiors and a delicious vegetarian cuisine based on foods from Peaceable Cultivation.



Therapy Procedures (abridged)

- Nerve point treatment according to Immanuel
- Phytotherapy (treatment using active plant substances), homeopathy, orthomolecular medicine
- Medicinal treatments (all forms)
- Pain therapy, including acupuncture and neural therapy
- Manual medicine / chiropractics
- Psychotherapy and group discussions
- Classical massage, manual lymph drainage, infrared heat cabin, packs and poultices, including with mud, clay, oils, fresh herbs, etc.
- Medicated baths with herbal extracts, oxygen, mud, special detoxifying baths, long-duration shower
- Rhythmic Walking
- Oxygen therapies (HOT, inhalations, oxyvenation)
- Orthomolecular infusion therapy (using minerals, trace elements, vitamins, amino acids)
- Colon hydro therapy
- Magnetic field therapy
- Light and color therapy
- Healing by Fasting According to the Laws of Nature





*Relax in the park-like gardens
at HG Naturklinik Michelrieth*



*Unwind in the winter garden
at HG Naturklinik Michelrieth*

Rest is Healing

Wonderfully situated on the edge of the Spessart forest, you will find HG Naturklinik Michelrieth, your "House of Health". For almost 25 years, we have been offering a tried and true synthesis of naturopathy and conventional medicine, drawing from a broad array of diagnostic and therapeutic options. From holistic medical check-ups to intensive inpatient programs, from short relaxation retreats to full healing-by-fasting courses: At HG Naturklinik Michelrieth, you will find professional, caring advice and support on your way to health – both as an outpatient and inpatient.

The one-of-a-kind concept of "Healing via the Nervous System" has helped the "House of Health" make a name for itself internationally. Patients from more than 80 countries have come to us seeking help and healing, as do those from our immediate surroundings. For many of them, HG Naturklinik Michelrieth has become a place of hope, confidence and rest in hectic times. Rest, after all, is healing.

Reaching us by automobile



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